

I.C. was the last on a short list of interventionists I received in an email from a recovery program I had called out of desperation earlier that day. Several of the others had links to websites which I clicked on and was supposed to be impressed, but felt lost instead. At the bottom of the email was a short note: "I think I.C. might be good for your situation. He is younger and more affordable, so that might help with the parents. He's also really successful and compassionate. Good luck." I called immediately and within moments of describing my situation, was comforted by kind and understanding words from Ian. Having been here many times before, he knew exactly what I was dealing with and was confident that he could help resolve the dramatic situation I was facing.

At this point, I had been dating a young man for the past seven years who had become a full-blown alcoholic and drug addict as a result of depression, a lack of responsibility, and enabling parents who had been paying to support him the entire time, as I watched him waste away. I was angry and hurt and depressed. I personally struggle with anxiety and have been helped by therapy and yoga for years. But in this situation where I felt I had no control, my mind was running wild. I needed to talk to someone with real knowledge about these situations and the ability to change them. I needed someone confident about his skills, but compassionate in his approach. I.C. was all of this and more.

Throughout our conversations, each day, some new dilemma would arise. My boyfriend's roommate would call and tell us he was lying and stealing and getting wasted alone. Every other day the parents would be on board and then changed the plans and they were on the verge of backing out entirely or threatening to choose another interventionist. My boyfriend would call me to say he quit his job, lost his car, and was having dreams of suicide. I was a wreck. No matter what time of day or night, I.C. always answered my dramatic, emotional calls and texts with compassion, information, confidence and calm. He was also on the phone every day with the parents. They were unwilling to do things his way and repeatedly denied professional advice in many circumstances. Despite these roadblocks I.C. allowed them to have the control they needed, simply because of their fears and instability, and he worked with them the whole way through.

I.C. showed us all that he cared just as much about our loved one, as we did. He consistently encouraged us to keep going, and was willing to adapt his approach, time and time again, as events and emotions spiraled out of our control. When it came time to meet the day before the intervention, I.C. and his partner Dana, still hadn't been paid or provided a room. They had driven 6 hours early that morning to see that this would actually happen, regardless of what was in it for them. It showed amazing strength of character and perseverance in the face of challenge. Dana was incredibly well-spoken and passionate. Both of them had been addicts before and had gone through their own intervention and were constantly bringing to our attention the details of the process with a relevance that few others could have provided. They worked incredibly well together as a team and each one of them offered a unique presence to our meetings. They spent the entire day and well into the hours of the night talking with us and encouraging us and helping us write our letters for the intervention. When we walked into my boyfriend's house the next day, we were confident and well-prepared for anything he might say or do. They had answers for his every question and continued to remind him of how much we all loved him and wanted the best for his future.

Today my boyfriend is in an amazing outdoors recovery program because I.C. pushed himself beyond his own limits, lost countless hours of sleep, and took on this challenge as if it were his own brother or son. He treated each one of us with respect and compassion, even as we each lost control of ourselves at various points in the process. Over the course of two weeks, and many ups and downs, I.C. maintained confidence that our loved one would find health and happiness because of our efforts. Having talked to

several professionals and even interviewing many other interventionists, I thank God that we chose I.C.. With the difficulties we faced with inflexible parents in control, time running short, emotions running wild, and money threatening to blockade the whole process, it is still amazing to me that I.C. faithfully worked with us until my boyfriend was sitting in his car, waving goodbye to us, on his way to recovery.

I would not have been able to do this without I.C.'s constant support, communication, knowledge, encouragement, kindness, and commitment to us all. He is one of a kind. I highly recommend I.C. to anyone who is searching for help in the process to recovery for a loved one. In my case, he was a miracle-worker.

A Loving and Concern Girlfriend
South Carolina

THANK YOU AGAIN I.C.!!!!!!!!!!!!!!